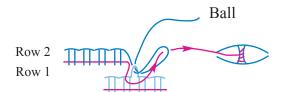
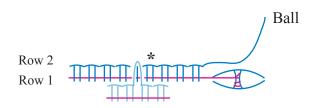


Step 1. Pull loop of ball thread through picot from back to front.



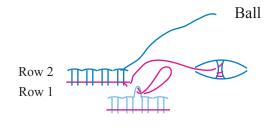
Step 2. Put shuttle through this loop from front to back.



Step 3. Tighten up ball thread and shuttle thread, leaving the ball thread loop on the front side of the picot. Do not "pop" this loop back through the picot.

\* You may tat either a full double stitch after the join, as shown, or just the 2nd half of the double stitch. Which you choose depends on the look you want.





Step 1. Pull a loop of shuttle thread through the picot from back to front.



Step 2. Put shuttle through thread loop from back to front and tighten up. This forms a knot where the shuttle (core) thread will not slide.



Step 3. The join does not count as any part of a double stitch. Tat full double stitches after the lock join.